

## KS1 RSHE Curriculum Sections Overview

Relationships			Living in the Wider World
Family	Friends	Intimate (KS3+ Only)	Community
<p><b>What makes a family?</b></p> <p>Fa1) Who's in my family?            Fa2) Do Families always stay the same?            Fa3) How should families treat each other?            Fa4) When should I say no?            Fa5) Who owns my body? I do!            Fa6) Are all families the same?</p>	<p><b>Keeping friendships healthy</b></p> <p>Fr1) Who is my friend?            Fr2) What makes a good friend?            Fr3) Should friends tell us what to do?            Fr4) How do we stop bullying?</p>	/	<p><b>Our Communities</b></p> <p>C1) How do we make a happy school?            C2) Who lives in my neighbourhood?            C3) What makes a boy or a girl?</p> <p><b>Online Safety</b></p> <p>Os1) Screen time (<i>L1</i>)            Os2) Personal information (<i>S1</i>)            Os3) Online strangers (<i>P1</i>)            Os4) Fake News (<i>N1</i>)</p>

Health and Wellbeing		
Mental Wellbeing	Physical Health	Growing up
<p><b>Understanding my feelings</b></p> <p>M1) Where do feelings come from?            M2) Who am I?            M3) What helps me to be happy?</p>	<p><b>Staying healthy</b></p> <p>P1) How do I help my body stay healthy?            P2) How do I decide what to eat?            P3) How do we stop getting ill?            P4) How can I stay safe?</p>	<p><b>Growing</b></p> <p>G1) How bodies change as we get older (link with science)</p>

## LKS2 RSHE Curriculum Sections Overview

Relationships			Living in the Wider World
Family	Friends	Intimate (KS3+ Only)	Community
<p><b>What makes a family?</b></p> <p>Fa1) Do Families always stay the same?            Fa2) Are all families like mine?            Fa3) How should we treat people who are different?</p>	<p><b>Keeping friendships healthy</b></p> <p>Fr1) What makes a good friend?            Fr2) Are all friends the same?            Fr3) Are friendships always fun?</p>	/	<p><b>Our Communities</b></p> <p>C1) How do we make the world fair?            C2) Where do you feel like you belong?            C3) How can we help the people around us?</p> <p><b>Online Safety</b></p> <p>Os1) Online strangers [P1]            Os2) Sharing Online [P2]            Os3) Friendship Online [S1]            Os4) Personal Information [C2]            Os5) Digital Media [N1]            Os6) Verifying content and echo chambers [N3]</p> <p><i>[The codes in square brackets reference the Sheffield Primary Online Safety Curriculum]</i></p>

## Health and Wellbeing

Mental Wellbeing	Physical Health	Growing up
<p><b>Understanding My Feelings</b></p> <p>M1) How do I manage my feelings?            M2) Are we happy all the time?</p>	<p><b>Staying healthy</b></p> <p>P1) How do I keep my body healthy?            P2) How do I get a healthy diet?            P3) How do I stop getting ill?            P4) How do I save a life?</p>	/

## UKS2 RSHE Curriculum Sections Overview

Relationships			Living in the Wider World
Family	Friends	Intimate	Community
<p><b>What makes a family?</b></p> <p>Fa1) Why do some people get married?            Fa2) Are families ever perfect?            Fa3) Is there such a thing as a normal family?</p>	<p><b>Keeping friendships healthy</b></p> <p>Fr1) What makes a close friend?            Fr2) Should I try and fit in with my friends?            Fr3) Should friends tell us what to do?            Fr4) Why are some people unkind?            Fr5) What are stereotypes?            Fr6) How do I accept my friends for who they are?</p>	<p><b>KS3 and above only</b></p>	<p><b>Our Communities</b></p> <p>C1) What is prejudice?            C2) What is the history of prejudice?            C3) What should I do if I encounter prejudice?            C4) How can I be a great citizen?            C5) Why is money important?            C6) Who belongs in our country?            C7) What does it mean to be British?</p> <p><b>Online Safety</b></p> <p>Os1) Control and consent [S1]            Os2) Protecting our identity [P1]            Os3) Meeting strangers online [P4]            Os4) Personal Information, terms and conditions [C2]            Os5) Analysing Digital Media [N1]            Os6) Bias [N2]            Os7) Echo Chambers [N5]            Os8) Does the internet make us happy? [L1]  <i>[The codes in square brackets reference the Sheffield Primary Online Safety Curriculum]</i></p>

Health and Wellbeing		
Mental Wellbeing	Physical Health	Growing up
<p><b>Understanding My Feelings</b></p> <p>M1) Does everybody have the same feelings?            M2) Should we be happy all the time?            M3) Why do we argue?            M4) Who am I?</p>	<p><b>Staying healthy</b></p> <p>P1) Is there such a thing as the perfect body?            P2) How can I stay fit and healthy?            P3) Can I avoid getting ill?            P4) Why do some people take drugs?            P5) Where should I get my health information?            P6) How do I save a life?</p>	<p><b>Puberty</b></p> <p>G1) How will my body change as I get older?            G2) How will my feelings change as I get older?            G3) How will I stay clean during puberty?            G4) What is Menstruation?</p> <p><b>Sexual reproduction</b></p> <p>Sx1) How do plants and animals reproduce? (<i>Taught through science</i>)  <i>(N.B. does not include sexual intercourse)</i>            Sx2) <b>Optional</b> lesson on sexual reproduction  <i>(N.B. Not statutory)</i></p>